



2025 **Annual Report**



Our **Mission & Vision**



Mission

To facilitate the health and wellness of healthcare professionals in order to enhance patient care and safety.



Vision

OhioPHP envisions a medical community that supports healthcare professionals in pursuing optimal health and wellness.

Our Core Values

WELLNESS

OhioPHP believes that the health and well-being of every healthcare professional is essential. OHIOPHP strives to implement therapeutic interventions that serve as a gateway to improved health.

CONFIDENTIALITY

OhioPHP supports confidential and compassionate care for all physicians and other healthcare professionals with illnesses that may impact their health and well-being. OHIOPHP supports the use of confidential services whenever possible in lieu of regulatory awareness in order to eliminate fear of punishment, disciplinary action, embarrassment, or professional isolation.

EQUALITY

OhioPHP believes that the restriction of a medical license or specialty certification or membership exclusion from a professional organization should not be based solely on the presence or diagnosis of an illness. OHIOPHP opposes discrimination of physicians or other healthcare professionals at any time based upon a history of substance-related and addictive disorders, psychiatric illness, or other illnesses.

PATIENT SAFETY

OhioPHP believes that early detection, evaluation, and treatment of physicians and other healthcare professionals with substance-related and addictive disorders, psychiatric illness, or other illnesses is paramount to protect the public. Confidential monitoring and oversight of professionals with these conditions will ultimately enhance the health of the provider and preserve quality patient care.

EDUCATION

OhioPHP believes education is fundamental in order to support the health and well-being of physicians and other healthcare professionals in Ohio.

A Message from our **Medical Director**

For 30 years, OhioPHP has worked to ensure that healthcare professionals facing substance use disorders, mental health conditions, and other impairing illnesses can access compassionate, confidential support while continuing to serve their communities.

When I first entered this field, stigma and fear prevented many healthcare professionals from seeking help. Confidential support options were limited, and too often professionals worried that seeking treatment would jeopardize their careers. Over time, we have witnessed a remarkable shift in understanding, recognizing that substance use disorders and mental health conditions are medical illnesses, not personal failures.

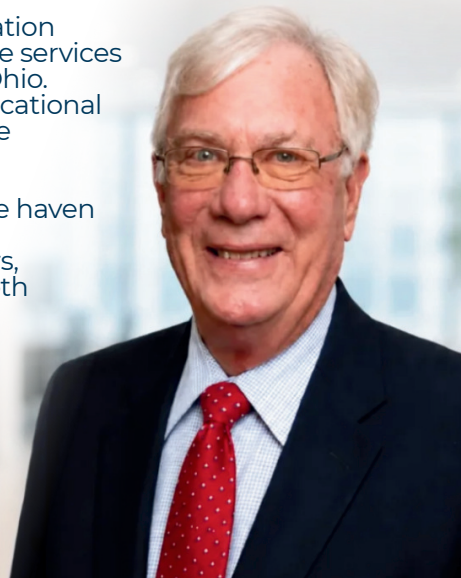
OhioPHP has grown alongside that understanding. What began as a small organization primarily serving physicians has expanded into a nationally recognized model whose services are available to hundreds of thousands of licensed healthcare professionals across Ohio. In recent years, our partnerships with licensing boards, healthcare systems, and educational institutions have strengthened tremendously, allowing more professionals to receive support earlier and more effectively than ever before.

One of the most significant milestones in our history has been the expansion of safe haven programming to additional healthcare professions, including nursing, physical and occupational therapy and athletic trainers, and emergency medical service providers, among others. This growth reflects a shared commitment across Ohio to protect both healthcare professionals and the patients they serve.

As we look toward the future, our mission remains clear: continue reducing stigma, expand access to confidential care, strengthen partnerships, and ensure that healthcare professionals know they never have to face these challenges alone.

And it's because of our donors, partners, and supporters that this work is made possible every day.

– Richard Whitney, MD, DABAM, FASAM



Measuring Our **Impact**

"The time I spent working with my case manager was awesome. She was positive with me, and talked me off of a couple of ledges during my time. I appreciate you all, and I look forward to volunteering as peer support person to help a few people along their way too."



6K+

Healthcare workers served



1M+

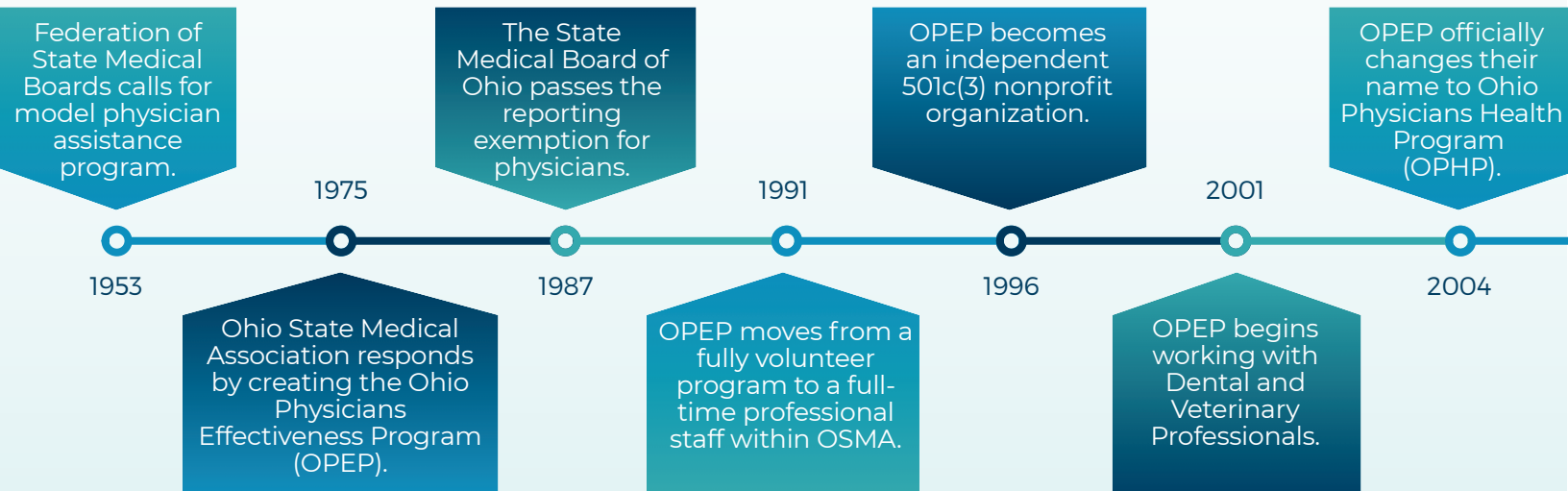
Ohioans maintained access to care because OhioPHP helped healthcare workers get back to work

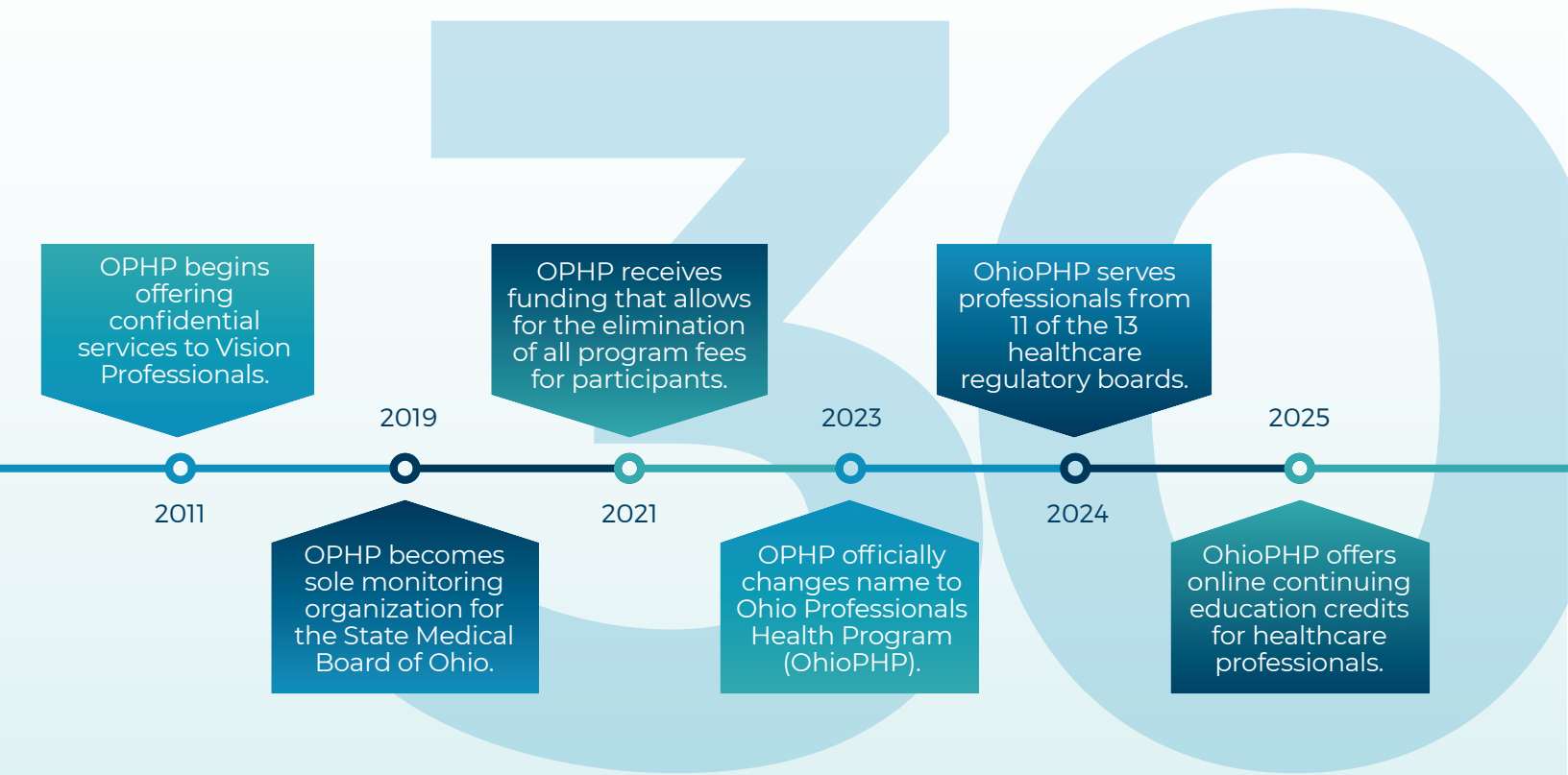


92%

of OhioPHP's participants remained in recovery with no relapse during 2025

30 YEARS OF SUPPORT







Ohio Board of Psychology



**Ohio Chemical
Dependency
Professionals Board**



**Ohio Occupational Therapy,
Physical Therapy, and
Athletic Trainers Board**



**Ohio Veterinary Medical
Licensing Board**



**Ohio Vision Professionals
Board**



**Ohio Speech & Hearing
Professionals Board**

Continuing Education

In 2025, OhioPHP offered free continuing education opportunities that support healthcare professionals in maintaining both clinical excellence and personal well-being.

Through on-demand continuing education programs participants can earn CE credit while gaining resources related to burnout, mental health, and substance use.



6,400

Healthcare
Workers
Educated



83

Virtual
Education
Programs Offered



2,800+

Hours of Free
Continuing
Education Issued

Measuring Our **Impact**

"My clinical coordinator went above and beyond in all aspects and our meetings were great conversations and she was genuinely interested in my well being and seeing me grow and improve as a person. She also voluntarily found resources for me and my family. I cannot understate the value of the people OPHP has working for them!"

1,400+

Well-being visits provided

600+

Referrals processed – increasing by 97% since 2020.

83%

of OhioPHP agreements were confidential in 2025, which means hundreds of healthcare workers were able to get the help they needed without impacting their professional license.

Partnerships

Engaging New Partners

In 2025, OhioPHP made significant strides in expanding access to confidential support programs for healthcare professionals across Ohio. We successfully established Safe Haven programs with the Ohio Board of Nursing and the Ohio Speech and Hearing Professionals Board, extending eligibility to more than 300,000 additional licensees and bringing the total population served to more than 600,000 professionals statewide. We also finalized a partnership with the Ohio Division of Emergency Medical Services to launch a Safe Haven program for EMTs, firefighters, and EMS applicants seeking support for burnout, mental health concerns, substance use disorders, and other medical conditions. These milestones reflect OhioPHP's ongoing commitment to removing barriers to care and ensuring more healthcare professionals have access to the support they need to thrive.

Licensure Videos

OhioPHP developed a series of concise, 10-minute information videos designed to educate licensees about our safe haven and confidential monitoring programs. These videos are provided to the boards we partner with and are intended to be viewed during the licensure and renewal process, ensuring that both new and returning professionals are informed of the services and support available to them. This initiative helps increase awareness, reinforce accessibility, and encourage early engagement with our programs when needed.

Our Safe Haven **Partners**

OhioPHP partnered with healthcare regulatory boards in Ohio to create pathways for healthcare professionals to receive support for burnout, mental health disorders, substance use disorders and other conditions that may impact their health and well-being.

Current Safe Haven Programs

- Ohio Board of Nursing
- Ohio Board of Psychology
- Ohio Chemical Dependency Professionals Board
- Ohio Division of Emergency Medical Services
- Ohio Occupational Therapy, Physical Therapy, and Athletic Trainers Board
- Ohio Speech and Hearing Professionals Board
- Ohio Veterinary Medical Licensing Board
- Ohio Vision Professionals Board
- State Medical Board of Ohio (known as the Confidential Monitoring Program)



Board of Directors

Krisanna Deppen, M.D. – Chair

Stephen Feagins, M.D., MBA – Vice-Chair

Laura Rocker, M.D. – Secretary/Treasurer

Craig Brown, MAP

Laurie Hommemma, M.D.

Jessica McCullough, PhD, CNP

Gregory Nixon, O.D., FAAO

Mrunal Shah, M.D.

Matthew Vail, M.D.

James Van Hook, M.D.

Executive Leadership

Kelley Long, MBA – Executive Director

Richard Whitney, M.D. – Medical Director



Our Team

Kara Armbruster, CDCA – Program Manager
Haley Bissett, LISW-S – Clinical Coordinator
Olivia Carfolo – Program Assistant
Codie Cartwright, LCDC II, SWA – Clinical Coordinator
Quincey Chambers, CDCA – Screening Coordinator
Lauren Chiang – Compliance Coordinator
Jill Fulton, LISW-S, LICDC-CS – Clinical Coordinator
Tara Hart, PMHNP-BC, CARN-AP – Program Director
Jennifer Hayhurst – Policy Director

Nelson Heise, Ed.D., PCC-S, LICDC-CS – Program Director
Troy Hoffman, MS, LPCC – Clinical Care Manager
Valerie Jama, Esq. – Legal Counsel
Anne Kelley, LISW-S – Clinical Coordinator
Sierra Mendoza – Compliance Coordinator
Christie Shaw, LISW-S – Clinical Care Manager
Hilary Simonette – Treatment Coordinator
Gita Szymanski, PMHNP-BC, AGPC-NP – Nurse Practitioner
Cathy Tipton – Program Assistant
Teresa Thompson – Office Administrator
Kayla Tomak, LISW-S – Clinical Coordinator
Breanne Wilkins, CDCA – Program Liaison

Continuing the **Legacy**

Organizations and Societies

Physicians Honor Society (\$50,000+)

Ohio Medical Quality Foundation
Ohio Association of Health Plans
Community Foundations, Inc.

Heritage Society (\$25,000 - \$49,999)

Coverys Community HealthCare Foundation
OhioHealth Corporation

Pinnacle Society (\$10,000 - \$24,999)

Ohio Veterinary Medical Association

Tower Society (\$1,000 - \$4,999)

Academy of Medicine Cincinnati

Academy of Medicine of Cleveland and Northern Ohio
Ohio Optometric Association in honor of Dr. Gregory Nixon
Ohio Society of Anesthesiologists

Pillar Society (\$500 - \$999)

Hancock County Medical Society
Ohio Foot and Ankle Medical Association

Cornerstone Society (\$200 - \$499)

The Healthy Workplace – Nancy Pettigrew
The Ohio State University College of Optometry
in honor of Dr. Gregory Nixon

Founders Society (\$1 - \$199)

Kroger

Our work would not be possible without YOU!

OhioPHP relies on the generosity of our stakeholders to support Ohio's healthcare professionals. Your support makes our work possible. Thanks to our donors, we've expanded confidential services, created education programs, and launched wellness initiatives to support provider well-being. Thank you from all of us at OhioPHP.

Continuing the **Legacy**

Hospitals

Keystone Society (\$5,000 - \$9,999)

Akron Children's Hospital Medical Staff
Cincinnati Children's Hospital Medical Center Medical Staff
Mercy St. Vincent Medical Center Medical Staff
Mercy Health West Hospital Medical Staff
Nationwide Children's Hospital Medical Staff
OhioHealth Grant Medical Center Medical Staff
OhioHealth Riverside Methodist Hospital Medical Staff
Premier Health Miami Valley Hospital Medical Staff
The Ohio State University Wexner Medical Center Medical Staff
University of Cincinnati Medical Center Medical Staff

Tower Society (\$1,000 - \$4,999)

The Bellevue Hospital Medical Staff
Blanchard Valley Hospital Medical Staff
Cleveland Clinic Medina Hospital Medical Staff
Clinton Memorial Hospital Medical Staff
Fairfield Medical Center
Fairfield Medical Center Medical Staff
Fisher-Titus Medical Center Medical Staff

Fulton County Health Center Medical Staff
Licking Memorial Hospital
Licking Memorial Hospital Medical Staff
Mary Rutan Hospital Medical Staff
Mercer Health Mercer County Community Hospital
Mercer Health Mercer County Community Hospital Medical Staff
Mercy Health Allen and Lorain Hospital Medical Staff
Mercy Health Anderson Hospital Medical Staff
Mercy Health Clermont Hospital Medical Staff
Mercy Health Fairfield Hospital Medical Staff
OhioHealth Berger Hospital Medical Staff
OhioHealth Doctors Hospital Medical Staff
OhioHealth Dublin Methodist Hospital Medical Staff
OhioHealth Grady Memorial Hospital Medical Staff
OhioHealth Mansfield and Shelby Hospital Medical Staff
OhioHealth Marion General Hospital Medical Staff
ProMedica Defiance Regional Hospital Medical Staff
ProMedica Toledo Hospital Medical Staff
Salem Regional Medical Center Medical Staff
Summa Health System Medical Staff
Trinity Health System Medical Staff
University Hospitals Parma Medical Center Medical Executive Staff

Continuing the **Legacy**

Hospitals

Pillar Society (\$500 - \$999)

Lima Memorial Hospital Medical Staff
Mercy Health St. Charles Hospital
Mercy Health St. Rita's Medical Center Medical Staff
Premier Health Upper Valley Medical Center
Premier Health Upper Valley Medical Center Medical Staff
ProMedica Fostoria Community Hospital Medical Staff
ProMedica Memorial Hospital Medical Staff
Southern Ohio Medical Center

Cornerstone Society (\$200 - \$499)

Aultman Orrville Hospital Medical Staff
Memorial Hospital Medical Staff
Pomerene Hospital
Pomerene Hospital Medical Staff

HONORARIA

Cornerstone Society (\$200 - \$499)

Rehwinkel Dental Society

IN-KIND

Keystone Society (\$5,000 - \$9,999)

Ohio Academy of Family Physicians

Tower Society (\$1,000 - \$4,999)

Ohio Optometric Association
Ohio Society of Anesthesiologists
Ohio Veterinary Medical Association

Cornerstone Society (\$200 - \$499)

Ohio Psychological Association

Continuing the **Legacy**

Individuals

Tower Society (\$1,000 - \$4,999)

Anonymous (2)
Drs. David and Mary Applegate
Robert Barker, M.D.
David Bahner, M.D. and Stephanie Costa, M.D.
Steven W. Crawford, M.D., MBA, FACOG
Krisanna L. Deppen, M.D.
Stephen R. Feagins, M.D., MBA, FACP
Mary Gombash, M.D. and Bud Crosby
Kevin Hommema *on behalf of OhioHealth Well-being, Provider Well-being, and Dr. Michael Ezzie*
Kelley M. Long, M.B.A.
Laura H. Rocker, M.D.
Drs. William and Kimberly Rothermel
Joseph S. Scheidler, D.O.
Anita Steinbergh, D.O. *in memory of Dr. Lincoln Spurgeon*
Matthew A. Vail, M.D., MPH
James W. Van Hook, M.D.
Bruce A. Wall, M.D.
Richard Whitney, M.D., FASAM

Pillar Society (\$500 - \$999)

Anonymous (2)
Farshid Afsarifard, Ph.D.
G. Patrick Ecklar, M.D. in honor of National Doctors' Day
Melinda E. Ford, D.O., FACOFP
Dr. and Mrs. David D. Goldberg
David E. Karol, M.D.
Timothy L. Kolb, D.V.M.
Moulton Charitable Fund
Herbert S. Parnes Memorial Fund of the Columbus Foundation
Eric and Lori Plinke
Ann M. Saluke, M.D. and Donald Yelton
Robert C. Schiff, Jr., M.D.
Michael Schottenstein, M.D.
Cheryl D. Wills, M.D.
Daniel Zinsmaster

Continuing the **Legacy**

Individuals

Cornerstone Society (\$200 - \$499)

Anonymous (3)

Seth Alpert, M.D. in honor of Rama Jayanthi

Craig W. Anderson, M.D.

William S. Ballinger, M.D.

Richard Cardella, M.D.

Patricia Davidson, M.D.

Patrick Doyle, M.D.

Edward C. Hall, M.D.

Andrew T. Hearn, M.D.

Jennifer Hayhurst

Lawrence J. Jacobs, M.D.

Christine J. Julian, M.D.

James N. Kaya, M.D.

Lynn Long

David J. Montanaro, D.O.

Gregory J. Nixon, O.D., FAAO

Linda L. Post, M.D.

Herbert A. Schumm, M.D.

David Solitt, D.D.S.

Timothy Wiechers, J.D.



Continuing the **Legacy**

Individuals

Founders Society (\$1 - \$199)

Anonymous (6)
Mauro Amendola, M.D.
Evangeline C. Andarsio, M.D.
Ronald J. Bloomfield, M.D.
Annette M. Chavez, M.D.
Ruth Ann Cooper, D.P.M.
Darrell and Rose Cox in memory of Christopher Cox
Sarah Damiani
Leslie R. Dye, M.D.
Jill Fulton
Sydney Gale
Jennifer Gwilym, D.O. on behalf of Dr. Melinda Ford
Waqas Hafeez
Nelson H. Heise, PhD.
Susan L. Hubbell, M.D.
Lillian Hopkins in memory of Christopher Cox
Kami and Michael Imes
Lisa Kellar, M.D.
Patricia Kellner, M.D.
Barbara E. Kelly, Ph.D.
Joanne Deborah Lynn, M.D.

Nina Ma, M.D.
Andrew Maly, BPharm
Rebecca McCloskey
William R. Mitchell, M.D.
John Meier, M.D.
Judith Mounty in memory of Christopher Cox
Susan Nadler in memory of Christopher Cox
Wendy Naumann
David R. Paolone, M.D.
Thomas D. Robinson, M.D.
William Romer, M.D.
Elizabeth A. Rosebery, M.D.
Rick Ryan
Jon W. Schrock, M.D.
Steven Schwartz, M.D.
Robb M. Snider, M.D.
Cheryl P. Vargas, M.D.
Nancy Van Keuls, M.D.
Richard Wardrop, M.D., Ph.D.
Sally Weinkham in memory of Christopher Cox
Dr. and Mrs. Christopher White
Lauren Workman in memory of Christopher Cox
Ashley Wylie

Donor Spotlight

A message from our partners at Licking Memorial Health Systems

What inspired your hospital to support OhioPHP and its mission to promote physician health and well-being?

We recognize that the health and resilience of our physicians directly impact the quality of care our patients receive. OhioPHP's mission aligns with our commitment to creating a supportive environment where physicians can thrive personally and professionally. Supporting OhioPHP reflects our belief that physician well-being is central to safe, compassionate, and high-quality patient care.

Why do you believe donating to OhioPHP is important?

Our donation is an investment in the health of our caregivers and, ultimately, our patients. By contributing to OhioPHP, we help sustain a trusted resource that provides physicians with confidential, compassionate support. This helps ensure that our medical community has access to the tools and guidance needed to maintain their well-being and continue practicing at their best.

How does your organization prioritize well-being and mental health within your own institution?

By fostering a culture that encourages open dialogue, destigmatizes seeking help, and promotes balance between professional and personal life. We strive to create an environment where providers feel supported and valued.

Donor Spotlight

A message from our partners at Licking Memorial Health Systems

Can you share a story or example of how OhioPHP's work has positively impacted your staff or community?

The reassurance of a confidential, non-punitive pathway has helped our physicians feel safe seeking help during times of personal or professional challenge, allowing them to return to their roles with renewed confidence and well-being. This not only benefits the individual physician but strengthens our entire health system.

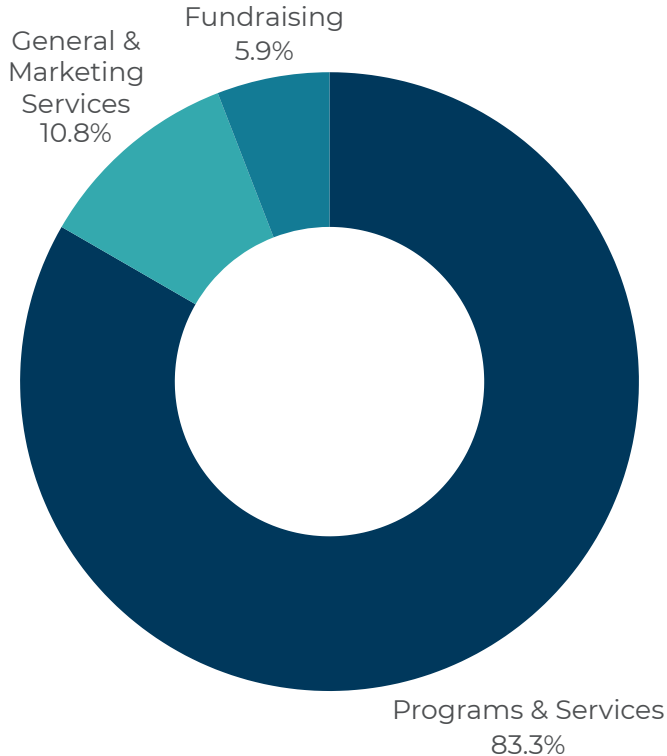
What would you say to other hospitals or healthcare providers who are considering supporting OhioPHP?

We would encourage them to view OhioPHP as a vital partner in supporting physician health. In an era of increasing stress and burnout among healthcare professionals, OhioPHP provides resources that few organizations could replicate on their own. Supporting their mission is not only an investment in physicians, but an investment in the health of the communities we all serve.



Financial Snapshot

Expenses

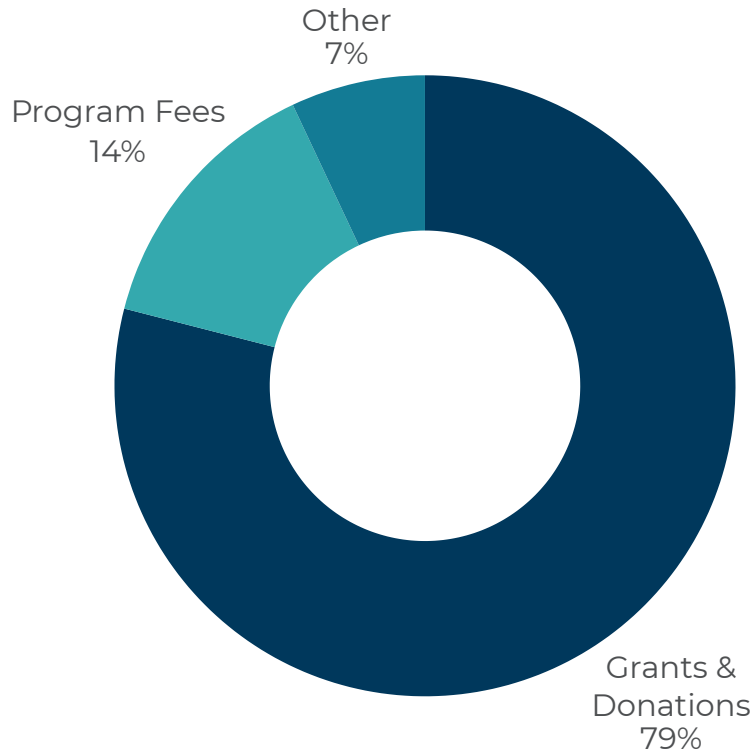


- **Program Services**
- **Marketing & General**
- **Fundraising**

Financial Snapshot

Revenue

- **Grants & Donations**
- **Program Fees**
- **Other**





OhioPHP

Supporting Ohio's Healthcare Professionals since 1995

Phone

614.841.9690

Email

info@ohiophp.org

Website

www.ohiophp.org

Scan to Donate to OhioPHP

