



**State Medical  
Board of Ohio**



OhioPHP

## CONFIDENTIAL MONITORING PROGRAM

### WHAT IS THE CONFIDENTIAL MONITORING PROGRAM?

The State Medical Board of Ohio (SMBO) has created the Confidential Monitoring Program (formerly the One-Bite Program) that will allow practitioners to receive confidential, non-disciplinary support for issues impacting their health and well-being. The SMBO has partnered with the Ohio Professionals Health Program (OhioPHP) to administer the Confidential Monitoring Program.

### WHO?

All licensees and applicants of the State Medical Board of Ohio who may have issues impacting their health and well-being. This includes:

- Substance use disorders
- Mental health disorders
- Physical conditions
- Other potentially impairing illnesses

### HOW?

If you or someone you know needs support for a mental health disorder, substance use disorder or another potentially impairing condition, you can connect directly with SMBO or OhioPHP to access screenings, assessments or referrals to treatment if deemed necessary.

### WHAT IS THE ROLE OF THE SMBO?

In order to provide licensees with a therapeutic alternative to discipline that still protects the public, the SMBO created the Confidential Monitoring Program in collaboration with OhioPHP. The role of the SMBO is to ensure that practitioners are safe to practice and to intervene on licensees when safe practice is no longer possible.

### WHAT IS THE ROLE OF OHIOPHP?

OhioPHP is a nonprofit organization that has served healthcare professionals for 30 years. The OhioPHP team consists of highly qualified clinical professionals that can assist healthcare professionals with a variety of issues impacting their health and well-being. The role of OhioPHP is to provide care coordination for individuals that may include, screening, referrals for evaluation or treatment, and long-term disease management for chronic illnesses through therapeutic monitoring.

*If you or a colleague needs help, contact OhioPHP.*

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