

### SAFE HAVEN PROGRAM

A confidential resource for licensees of the Occupational Therapy, Physical Therapy, and Athletic Trainers Board

#### WHAT IS A SAFE HAVEN PROGRAM?

A confidential path for individuals to seek help for burnout, mental health or substance use disorders and a therapeutic alternative to regulatory action for chronic illnesses

# WHAT SERVICES ARE OFFERED THROUGH THE SAFE HAVEN PROGRAM?

- Community Resource Referrals
- Screening
- Confidential Monitoring

# WHO IS ELIGIBLE FOR THE SAFE HAVEN PROGRAM?

- Athletic trainers
- · Occupational therapists
- Occupational therapy assistants
- Orthotists
- Pedorthists
- Prosthetists
- Prosthetist-orthotists
- Physical therapists
- Physical therapist assistants

# WHO ADMINISTERS THE OTPTAT BOARD'S SAFE HAVEN PROGRAM?

OhioPHP is the designated monitoring organization for the OTPTAT Board. OhioPHP protects the confidentiality of program participants and referral sources to the fullest extent allowed by law.

If you or a colleague needs help, contact OhioPHP. info@ohiophp.org 614-841-9690 OhioPHP.org



### FAQ

### How do I enroll in the safe haven program?

If you or a colleague needs help, contact OhioPHP. OhioPHP's clinical team will conduct a well-being screen and then will provide recommendations that may include additional evaluation for burnout, mental health or substance use disorders, individual counseling, and/or any necessary treatment. Once a diagnosis has been made, licensees may enroll in long-term, therapeutic monitoring through the safe haven program.

## Will the OTPTAT Board or my employer know about my safe haven program participation?

No - OhioPHP will not disclose to the OTPTAT Board or an employer the name or any records associated with a licensee enrolled in the safe haven program, as long as they are compliant with the terms of their monitoring agreement.

## Is there a cost associated with the safe haven program?

OhioPHP's services are offered at <u>no cost</u> to OTPTAT licensees. Licensees may only be responsible for the cost of additional evaluations, treatment, counseling, or toxicology testing (if deemed clinically necessary).

#### Why should I contact OhioPHP?

Licensees of the OTPTAT Board must self-report a potential or existing impairment due to habitual or excessive use or abuse of drugs or alcohol or other substances, or other medical conditions or illnesses to the Board within thirty (30) days unless they are a participant in the safe haven program.

Safe Haven Program: OAC 4755:2-01 Reporting & Ethics Requirements: OAC 4755-7-08, 4755-27-05, 4755-27-06, 4755-41-01, 4755-41-03, 4755-64-01

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