



# OhioPHP

## **SAFE HAVEN PROGRAM**

A confidential resource for licensees of the Occupational Therapy, Physical Therapy, and Athletic Trainers Board

### **WHAT IS A SAFE HAVEN PROGRAM?**

A confidential path for individuals to seek help for burnout, mental health or substance use disorders or other medical conditions. A therapeutic alternative to regulatory awareness for chronic illnesses.

### **WHAT SERVICES ARE OFFERED THROUGH THE SAFE HAVEN PROGRAM?**

- Well-being Screenings
- Referral for treatment or support
- Confidential Monitoring

### **WHO IS ELIGIBLE FOR THE SAFE HAVEN PROGRAM?**

- Athletic trainers
- Occupational therapists
- Occupational therapy assistants
- Orthotists
- Pedorthists
- Prosthetists
- Prosthetist-orthotists
- Physical therapists
- Physical therapist assistants

### **WHO ADMINISTERS THE OTPTAT BOARD'S SAFE HAVEN PROGRAM?**

OhioPHP is the designated monitoring organization for the OTPTAT Board. OhioPHP protects the confidentiality of program participants and referral sources to the fullest extent allowed by law.

*If you or a colleague needs help, contact OhioPHP.*

 [info@ohiophp.org](mailto:info@ohiophp.org)  614-841-9690  [ohiophp.org](http://ohiophp.org)



## FAQ

### How do I enroll in the safe haven program?

*If you or a colleague needs help, contact OhioPHP. OhioPHP's clinical team will conduct a well-being screen and then will provide recommendations that may include additional evaluation for burnout, mental health or substance use disorders, individual counseling, and/or any necessary treatment. Once a qualifying condition has been identified, licensees may enroll in long-term, therapeutic monitoring through the safe haven program.*

### Will the OTPTAT Board know about my safe haven program participation?

*No - OhioPHP will not disclose to the OTPTAT Board the name or any records associated with a licensee enrolled in the safe haven program, as long as they are compliant with the terms of their monitoring agreement.*

### Is there a cost associated with the safe haven program?

*OhioPHP has a sliding-scale structure for its fees. This ensures that we can continue to provide high-quality support while accommodating the diverse needs of our community. The sliding scale is designed to make our services accessible to all, regardless of financial circumstances. For more information, visit [ohiophp.org/fees](http://ohiophp.org/fees)*

### Why should I contact OhioPHP?

Licensees of the OTPTAT Board must self-report a potential or existing impairment due to habitual or excessive use or abuse of drugs or alcohol or other substances, or other medical conditions or illnesses to the Board within thirty (30) days unless they are a participant in the safe haven program.

*Program Adheres to: OAC 4755:2-01, and OAC 4755:1-2-01, 4755:2-2-01, 4755:3-2-01, 4755:4-2-01*

*If you or a colleague needs help, contact OhioPHP.*