



**State Medical
Board of Ohio**



OhioPHP

CONFIDENTIAL MONITORING PROGRAM

WHAT IS THE CONFIDENTIAL MONITORING PROGRAM?

Effective October of 2023, the State Medical Board of Ohio (SMBO) is replacing the One-bite Program with a more comprehensive Confidential Monitoring Program that will allow more practitioners to receive confidential, non-disciplinary support. The SMBO has partnered with the Ohio Professionals Health Program (OhioPHP) to administer the new Confidential Monitoring Program.

WHO?

All SMBO licensees and applicants of the State Medical Board of Ohio who may have issues impacting their health and well-being. This includes:

- Substance use disorders
- *Mental health disorders (new)*
- *Physical conditions (new)*
- *Other potentially impairing illnesses (new)*

HOW?

If you or someone you know needs support for a mental health disorder, substance use disorder or another potentially impairing condition, you can connect directly with SMBO or OhioPHP to access screenings, assessments or referrals to treatment if deemed necessary.

WHAT IS THE ROLE OF THE SMBO?

In order to provide licensees with a therapeutic alternative to discipline that still protects the public, recent legislative changes have allowed the SMBO to create the Confidential Monitoring Program in collaboration with OhioPHP. The role of the SMBO is to ensure that practitioners are safe to practice and to intervene on licensees when safe practice is no longer possible.

WHAT IS THE ROLE OF OHIOPHP?

OhioPHP is a nonprofit organization that has served healthcare professionals for over 40 years. The OhioPHP team consists of highly qualified clinical professionals that can assist healthcare professionals with a variety of issues impacting their health and well-being. The role of OhioPHP is to provide care coordination for individuals that may include, screening, referrals for evaluation or treatment, and long-term disease management for chronic illnesses through therapeutic monitoring.

If you or a colleague needs help, contact OhioPHP.

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